

With **Saebo**  
There's No Plateau In Sight.®



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*SaeboFlex*®

*SaeboReach*™

## The Saebo Arm Training Program featuring the *SaeboFlex*® and *SaeboReach*™ allows patients to begin using their arm and hand in therapy.

The **Saebo Arm Training Program** is a revolutionary new treatment approach for individuals suffering from a neurological injury such as a stroke.

### Benefits Include:

- Maintains the patient's involved arm and hand in a functional position.
- Offers a dynamic component that assists with thumb and finger extension so grasp and release tasks can be accomplished.
- Offers a dynamic elbow extension system to facilitate functional reaching.
- With the ability to perform grasp and release activities, patients can perform mass practice, task-oriented arm training.



*SaeboFlex*®



*SaeboReach*™

## Saebo Arm Training Program

*This colorful, sturdy equipment is progressive in nature and allows the patient to exercise specific muscle groups and perform task-oriented drills. All equipment can easily be put together and does not require tools for assembly.*



### Height Adjustable Target (H.A.T.)

This fully adjustable device can be used to target specific muscle groups for strengthening. It can also be used for combined movements designed to facilitate multiple degrees of freedom throughout the upper extremity. Therapists can manipulate this versatile piece of equipment to progressively challenge individuals at all levels of upper extremity recovery. It has a 7" ball at one end and a 12½" ring at the other end and can be used in combination with our other rehab equipment to further challenge individuals.

## The Multi-Purpose Exercise Device

Two work stations in one. The Ring Tree activity focuses on proximal strengthening at the shoulder, while the Pronation-Supination activity works on distal mobility and strengthening of the forearm. The two activities facilitate upper extremity mobility on stability.



Ring Tree



Pronation / Supination Station



### Four Tier Ball Activity

This great introductory piece of equipment is designed for individuals with little shoulder and elbow movement. It can be used as a unit or the tubes can be easily removed and used separately to facilitate progression and strengthening in all planes of movement. Depending on the positioning of the "target" tube, individuals can start to work in the synergy pattern, then slowly break away and exercise outside the synergy pattern as they improve.

### The Five-Ball Peg Activity

Designed as a higher-level activity, it can be used when grip strength and proximal stability improve. The two bases can be positioned at different locations to facilitate trunk elongation and rotation, weight shift, and at different heights to facilitate weight bearing through the lower extremity. This piece of equipment is extremely challenging when used in combination with the Height Adjustable Target.



## Benefits to Medical and Rehabilitation Facilities

Many individuals suffering from hemiparesis exhibit some shoulder and elbow movement but little or no hand function. Treatment options have been very limited until now. Patients that were previously believed to have maximized their recovery are now able to return and begin a new level of treatment.

**With Saebo . . . There Is No Plateau In Sight.®**

With Saebo trained clinicians at your facility, an increase in referrals is evident. By offering the Saebo Program, you will be able to generate a new source of revenue for your business.

The **Saebo Arm Training Program** includes instruction in custom fitting, assessment skills, developing treatment plans, and the effective use of our exercise equipment. **Saebo's Functional Dynamic Orthoses** are covered by most insurance companies.